



# *Free As a Butterfly*

written by Sheila Boone • Illustrated by Susi Grell Knox

I'm curious. Do you have a hero?

Sometimes, when someone does something wonderful, I say, "You're my hero!"

You can read about heroes in books.

I like the heroes in the book FREE AS A BUTTERFLY.

Who are the heroes in FREE AS A BUTTERFLY?

They are children who become heroes to the Monarch butterfly.

How do children become heroes to the Monarch butterfly?

The children plant butterfly gardens so the Monarchs will have milkweed plants to lay their eggs and flowers for nectar...so they will be able to continue their migration from Canada to their overwintering sites in California.

I think children everywhere who help to save the Monarch migration are heroes.

I can picture the Monarchs flying free. That's my wish for the whole world. To be free as a butterfly.

## ♪ **Free As A Butterfly Song** ♪

Free...Free as a butterfly.

Free.....

Peace and hope and spirit soar high for all the world to see,  
in a red and white and blue sky, you and me and those yet to be.

Our hearts beating together under the same wing, as one.

A rainbow of colors shimmering in the morning sun.

Free...Free as a butterfly.

Free...In a red and white and blue sky.  
Free...Monarchs of the air.  
Free...Flying on the wings of prayer.  
Oh Monarch, flying free, angel of the sky,  
will you someday fly above me?  
America's favorite butterfly.  
Fly for all the world to be free.  
Under the same wing, we're one.  
A rainbow of colors shimmering in the morning sun.  
Free...Free as a butterfly.  
Free...In a red and white and blue sky.  
Free...Monarchs of the air.  
Free...Flying on the wings of prayer.  
On the wings of prayer.  
Free.....  
Free.....  
Free...On the wings of prayer.

**Time for the story:** Please read the book and color the story in your book or listen and read along on the CD.

What did you like imagining best?

I liked flying into the school garden and finding the flowers that loved me and sipping the nectar.

I can understand why your new friends who planted the butterfly garden would be your heroes.

It COULD happen...IN YOUR IMAGINATION!

**Special CD available. Song only. Available by donation only. Please visit [www.butterflypalace.org](http://www.butterflypalace.org).**